

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: MULLIS, GARY

FREQUENCY OF ATTENDANCE: QM

TODAY'S DATE: 4-7-98

START DATE: «start»

OFF WEEK? YES ☒ NO

EXCUSED? ☒ YES NO

REASON: Phone Call:

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

He is excused from grp. due to his wedding plan  
demands. See in 3 W.

The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000101

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: MULLIS, GARY

FREQUENCY OF ATTENDANCE: OM

TODAY'S DATE: 31  
3.24.98

START DATE: «start»

OFF WEEK? ☒ YES ☐ NO

EXCUSED? YES ☐ NO ☐

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmaneck, MA, NCC, CPC, PsA

SIGNATURE: Joseph Fuhrmaneck

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: MULLIS, GARY

FREQUENCY OF ATTENDANCE: QM

TODAY'S DATE: 3.24.98

START DATE: «start»

OFF WEEK? ☒ YES NO

EXCUSED? YES NO

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000103

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: MULLIS, GARY

FREQUENCY OF ATTENDANCE: QM

TODAY'S DATE: 3.17.98

START DATE: «start»

OFF WEEK? ☒ YES NO

EXCUSED? YES NO

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmaneck, MA, NCC, CPC, PsA

SIGNATURE: Joseph Fuhrmaneck

000104

Progress Note  
Group Therapy Session  
3/10/98  
Patient: Gary Mullis

Dictated by Joseph Fuhrmanek, M.A., NCC, CPC. PSA.

Patient reports general status is adequately stable secondary to mild anxiety regarding forthcoming marriage and employment stress. Patient denies experiencing inappropriate sexual urges/cognitions.

Patient continues employment with the [REDACTED], which remains quite frustrating and "stagnating." Gary indicates that he is motivated to increase proactive search for new employment and career options. This is absolutely supported.

Patient's primary focus is the preparation of forthcoming wedding April 18, 1998. Patient is quite pleased with "beginning a new life." He does hold some anxiety regarding financial future stability and normal responsibilities associated with endeavor.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.





Progress Note  
Group Therapy Session  
2/17/98  
Patient: Gary Mullis

Dictated by Joseph Fuhrmanek, M.A. NCC, CPC. PsA.

Patient reports general status is adequately stable secondary to economic stress and emphasis upon forthcoming wedding. He denies experiencing inappropriate sexual urges/cognitions.

Patient continues employment with Mars Company which remains unrewarding and frustrating, in part, due to inadequate staff support. Recommend patient proactively seek more rewarding, appropriate career/employment placement ASAP.

Recommend patient consider widening perspective career options beyond dispatching positions. Patient appears more open to evaluate alternative career experiences. This is supported.

Patient and fiancée continue to focus on wedding plans [REDACTED]. Gary reports that fiancée's family remain quite supportive of this union and have been supportive of him. This is quite gratifying as fiancée's family are fully aware of patient's sexual and criminal history. This is hopeful.

Patient reports mild intermittent depression secondary to financial strain.

No other problems were presented. Will continue to follow case. Patient will begin attending group on a Q monthly frequency effective this date as element of normal treatment progression.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.



NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 2-10-98

START DATE: 08/10/93

OFF WEEK? YES NO

EXCUSED? YES NO

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

Progress Note  
Group Therapy Session  
2/3/98  
Patient: Gary Mullis

Dictated by Joseph Fuhrmanek, M.A., NCC, CPC. PSA.

Patient reports general status is adequately stable secondary to employment, economic, and social stressors. Patient denies experiencing inappropriate sexual urges/cognitions.

Patient continues employment with [REDACTED] which remains quite demanding and stressful secondary to staffing and administrative policies. Gary appears to have placed proactive search for new employment on hold, in part, due to focus on forthcoming wedding ceremony.

Patient further expressed some apprehension and uncertainty regarding employment/career options and opportunities with limited direction in this area. Recommend patient continue to focus on redeveloping career focus as soon as possible.

Patient indicates that relationship with fiancée [REDACTED] is going quite well. This is quite hopeful.

Gary expressed concern regarding possible rejection by potential employers as well as others in general in community secondary to his sexual and criminal history. Recommend patient focus on self acceptance and direct energy moving forward in a prudent, logical manner.

Patient requested a reduction in group treatment frequency which certainly can be supported as a component of treatment process. Patient will begin attending group on a Q monthly frequency effective February 17, 1998.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 1-27-98

START DATE: 08/10/93

OFF WEEK? ☒ YES ☐ NO

EXCUSED? YES ☐ NO ☐

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000111

Progress Note  
Group Therapy Session  
1/20/98  
Patient: Gary Mullis

Dictated by Joseph Fuhrmanek, M.A., NCC, CPC. PsA.

Patient reports general status is adequately stable secondary to economic, employment, and limited peer support system beyond family and fiancée. He denies experiencing inappropriate sexual urges/cognitions.

Patient continues employment with [REDACTED] which remains quite frustrating and emotionally unrewarding. He has not proactively seeking other employment opportunities at present. AMA.

Patient expressed disappointment as he recently received a letter of rejection from the Anne Arundel County police department for the post of dispatcher secondary to prior criminal sexual conviction. Recommend patient continue to analyze employment/career opportunities in the private sector.

Patient's primary focus is on upcoming marriage of [REDACTED]. He is quite pleased about same, however, concerned that he may be at a financial disadvantage in supporting relationship. He continues to process situation with fiancée who appears supportive and nurturing. This is hopeful.

Patient continued to express sadness, self-anger, and remorse for prior sexually inappropriate contact with son. Gary continues to hold noted concern for child's well being and welfare.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 1.13.98

START DATE: 08/10/93

OFF WEEK? ☒ YES ☐ NO

EXCUSED? YES ☐ NO ☐

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000113

Progress Note  
Group Therapy Session  
1/6/98  
Patient: Gary Mullis

Dictated by Joseph Fuhrmaneck, M.A., NCC, CPC. PSA

Patient reports general status is adequately stable secondary to economic, employment, and d care concerns. Patient denies experiencing inappropriate sexual urges/cognitions.

Patient continues employment with [REDACTED] which remains quite difficult in part, due to poor staffing patterns and stress with supervision. Mr. Mullis continues to evaluate other employment opportunities to include Baltimore City Department of Public Works. This is supported.

Patient indicates that relationship with [REDACTED] is [REDACTED] upcoming marriage. Gary has been comparing prior marital pattern with present relationship experience in hopes of not repeating past, unfortunate situations. Sexual contact in relationship is appropriate and, by report, mutually satisfactory.

Patient expressed a desire for the community to view him as healthy and responsible versus mentally ill and a criminal. Recommend patient focus on positive healthy accomplishments versus prior pattern of difficulty.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 12.30.97

START DATE: 08/10/93

OFF WEEK? ☒ YES NO

EXCUSED? YES NO

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000115

Progress Note  
Group Therapy Session  
12/23/97  
Patient Gary Mullis

Dictated by Joseph Fuhrmaneck, M.A., NCC, CPC. PSA.

Patient reports general status is adequately stable. He denies inappropriate sexual urges/cognitions.

Patient continues employment with [REDACTED] Gary does not find the position rewarding economically or psychologically. He continues to seek other employment opportunities in the dispatching field without benefit. Recommend he consider widening scope of career possibilities. Recommend patient contact Catonsville, Essex, and Dundalk Community Colleges to inquire about their various certification programs. This may allow Gary an opportunity to create a new career track.

Patient expressed frustration and concern for son as he has no contact with victim/individual. Following patient's closure with probation (2 years), he will attempt to secure supervised visitation with son. This could be supported as a mechanism to normalize family relationships.

Patient continues relationship with significant other [REDACTED] and Gary plan to marry [REDACTED]. This can be supported.

Patient expressed fear and apprehension that his criminal sexual history will continue to remain a barrier in securing meaningful employment in the future. Patient "wants a chance to prove I am a good individual." Recommend patient focus on accepting self with focus on growth process post-sexually inappropriate behavior.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision to the patients on an ongoing basis.



NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 12.16.97

START DATE: 08/10/93

OFF WEEK? ☒ YES NO

EXCUSED? YES NO

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmaneck, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmaneck

000117

Progress Note  
Group Therapy Session  
12/9/97  
Patient: Gary Mullis

Dictated by Joseph Fuhrmaneck, M.A., NCC, CPC. PSA.

Patient reports general status is adequately stable secondary to economic, employment and child welfare issues. Patient denies inappropriate sexual urges/cognitions.

Gary continues employment with [REDACTED] as he evaluates various employment opportunities with limited benefit. The process is quite frustrating and humiliating for this individual.

Patient further expressed sadness having nil contact with son (victim). It is especially difficult for Gary not having contact with child during holiday season with a desire the child somehow "know that I love him with all my heart."

Patient indicates that he has had only one conversation with son's treating therapist in 1995. Recommend patient write therapist of his continued concern for son and willingness to participate in the boy's treatment process if beneficial and necessary.

Patient continues to develop relationship with [REDACTED] which is going quite well. Couple intend to marry in 1998 which is quite hopeful.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 12/2/97

START DATE: 08/10/93

OFF WEEK? ☒ YES NO

EXCUSED? YES NO

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

Progress Note  
Group Therapy Session  
11/25/97  
Patient: Gary Mullis

Dictated by Joseph Fuhrmanek, M.A., NCC, CPC. PsA.

Patient reports general status is adequately stable secondary to economic and employment issues. Patient denies experiencing inappropriate sexual urges/cognitions.

Patient continues employment with [REDACTED] which remains frustrating and fatiguing. Gary indicates that he is proactively seeking more appropriate employment opportunities. Recommend he widen scope of potential possibilities to include sales; i.e., MCI.

Patient continues relationship with [REDACTED] which appears to be going quite well. This is absolutely supported.

Patient discussed frustration and disappointment in employment search process as a direct result of his prior criminal history. Gary's self-esteem is closely aligned to employment/career identity. His inability to secure a dispatching post with police and fire departments is negatively impacted on same. Recommend patient remain open to possible career change should the opportunity arise.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 11.18.97

START DATE: 08/10/93

OFF WEEK? ☒ YES ☐ NO

EXCUSED? YES ☐ NO ☐

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000121

Progress Note  
Group Therapy Session  
11/11/97  
Patient: Gary Mullis

Dictated by Joseph Fuhrmaneck, M.A., NCC, CPc. PsA.

Patient reports general status is adequately stable secondary to economic and employment stress. He denies inappropriate sexual urges/cognitions.

Patient recently visited family while vacationing in [REDACTED] which went quite well. Gary indicated that, ideally in 1998, he and intended wife will relocate to Concord which is patient's hometown. This certainly could be supported with continued treatment and support.

Patient continues employment with [REDACTED] which is often frustrating and stressful. He once again may be placed in a situation with limited assistance to complete various demands. Patient continues to actively seek a more appropriate employment/career placement with limited success. He remains motivated to accomplish same. This is supported.

Patient indicates that he and [REDACTED] are doing wonderfully. This is absolutely supported.

Patient recently wrote son/victim a letter to express feelings of concern and love for child. It is quite difficult for Gary to not have communication with the boy and he hopes tp eventually regain same.

Patient's general presentation is stable and healthy.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 11.4.97

START DATE: 08/10/93

OFF WEEK? ☒ YES ☐ NO

EXCUSED? YES ☐ NO ☐

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek

000123

Progress Note  
Group Therapy Session  
10/28/97  
Patient: Gary Mullis

Dictated by Joseph Fuhrmaneck, M.A., NCC, CPc. PSA.

Patient reports general status is adequately stable secondary to employment, social, family, and, to some extent, economic stressors. He denies inappropriate sexual urges/cognitions.

Patient continues employment with [REDACTED], Co., exhibiting signs of frustration with current post. Gary is disappointed and somewhat disillusioned with current employment opportunities especially in the dispatching area. Patient continues, in a less than apparent proactive fashion, to prepare to evaluate dispatching options. Recommend he expand scope of focus to allow optimal employment opportunities.

Patient reports relationship with [REDACTED] is going quite well where she remains a primary support. This is supported.

Gary expressed concern for father (75 years of age). He is exhibiting medical and possibly psychiatric difficulties; i.e. arthritis; diabetes; "lack of self care." Recommend patient write father's attending physician with the Veterans Administration expressing his concerns for parent.

Patient continued to evaluate sadness and remorse regarding prior sexual abuse of adopted son with focus on the pain he has brought victim and family. This remains a very difficult situation for Gary to resolve with continued elements of self hate. It was suggested that patient focus on forgiving self for prior wrongful behavior and focus on continued responsibility and awareness of same.

No other problems were presented. Will continue to follow case.

Dictated but not read if not signed. The attending physician was available and continues to provide supervision for the patients on an ongoing basis.



NATIONAL INSTITUTE  
FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA

PROGRESS NOTES

PATIENT'S NAME: Mullis, Gary

FREQUENCY OF ATTENDANCE: qow

COLLATERAL THERAPIST: None

MEDICATIONS/DOSAGE: None

TODAY'S DATE: 10.21.97

START DATE: 08/10/93

OFF WEEK? ☒ YES ☐ NO

EXCUSED? YES ☐ NO ☐

REASON: \_\_\_\_\_

NOTES: (Include as applicable: sexual behavior - appropriate and inappropriate, employment status, home situation, current stresses, complaints and resolutions, current legal concerns, other significant mental status observations, and a description of the patient's participation in group or individual therapy.):

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The attending physician was available and continues to provide supervision for the patients on an ongoing basis.

THERAPIST: Joseph Fuhrmanek, MA, NCC, CPC, PSA

SIGNATURE: Joseph Fuhrmanek